FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL	

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## Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

						2. Issuer Name and Ticker or Trading Symbol Armour Residential REIT, Inc. [ ARR ]							Relationship of Reporting Person(s) to Issuer (Check all applicable)     X Director 10% Owne     Officer (give title Other (spe				
(Last) 3001 OCE SUITE #2	(Firs EAN DRIVE 01	,	/liddle)			ate of E		Trans	action (Month	/Day/Year)			below)	(give title o-CEO ar	nd Pr	Other (s below) resident	pecify
(Street) VERO BE	EACH FL	3	2963		4. If a	Amend	ment, C	oate o	of Original File	d (Month/Da	y/Year)	Line	Form fi	led by One led by More	Repo	(Check Apporting Person	1
(City)	(Sta	te) (2	<u>Z</u> ip)										Person				
1. Title of Se	ecurity (Instr.		e I - Nor	2. Transa Date (Month/E	action	2A Exe r) if a	. Deeme	d Date,	Code (Inst	4. Securit	ies Acquire	d (A) or	5. Amour Securitie Beneficia Owned F Reported Transacti (Instr. 3 a	nt of s illy ollowing ion(s)	Form (D) or	: Direct I r Indirect E str. 4) (	7. Nature of ndirect Beneficial Ownership Instr. 4)
		Ta							uired, Disp		or Bene		1.	iiid 4)			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Executior if any (Month/Da	ed n Date,	4. Transa Code ( 8)	ection	5. Num of Deriva Securi Acquir (A) or Dispos of (D) (Instr. and 5)	tive ties red sed 3, 4	6. Date Exerc Expiration Day/N	isable and	7. Title and Amount of Securities Underlying Derivative (Instr. 3 and	d f g Security	8. Price of Derivative Security (Instr. 5) Benefi Owned Report Transa (Instr. 4)		ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
Phantom Stock <sup>(1)(2)(3)</sup>	(4)	03/31/2011			A		3,657		(1)(2)(3)	(1)(2)(3)	Common Stock	3,657	(4)	3,657		D	
Phantom Stock <sup>(1)(2)(3)</sup>	(4)	06/30/2011			A		3,657		(1)(2)(3)	(1)(2)(3)	Common Stock	3,657	(4)	7,314		D	
Phantom Stock <sup>(1)(2)(3)</sup>	(4)	09/30/2011			A		3,657		(1)(2)(3)	(1)(2)(3)	Common Stock	3,657	(4)	10,971	1	D	
Phantom Stock <sup>(1)(2)(3)</sup>	(4)	12/31/2011			A		3,657		(1)(2)(3)	(1)(2)(3)	Common Stock	3,657	(4)	14,628	3	D	
Phantom Stock <sup>(1)(2)(3)</sup>	(4)	03/31/2012			A		3,657		(1)(2)(3)	(1)(2)(3)	Common Stock	3,657	(4)	18,285	5	D	
Phantom Stock <sup>(1)(2)(3)</sup>	(4)	06/30/2012			A		3,657		(1)(2)(3)	(1)(2)(3)	Common Stock	3,657	(4)	21,947	7	D	
Phantom Stock <sup>(1)(2)(3)</sup>	(4)	09/30/2012			A		3,657		(1)(2)(3)	(1)(2)(3)	Common Stock	3,657	(4)	25,599	)	D	
Phantom Stock <sup>(1)(2)(3)</sup>	(4)	12/31/2012			A		3,657		(1)(2)(3)	(1)(2)(3)	Common Stock	3,657	(4)	29,256	5	D	
Phantom Stock <sup>(1)(2)(3)</sup>	(4)	03/31/2013			A		3,657		(1)(2)(3)	(1)(2)(3)	Common Stock	3,657	(4)	32,913	3	D	
Phantom Stock <sup>(1)(2)(3)</sup>	(4)	06/30/2013			A		3,657		(1)(2)(3)	(1)(2)(3)	Common Stock	3,657	(4)	36,570	)	D	
Phantom Stock <sup>(1)(2)(3)</sup>	(4)	09/30/2013			A		3,657		(1)(2)(3)	(1)(2)(3)	Common Stock	3,657	(4)	40,227	7	D	
Phantom Stock <sup>(1)(2)(3)</sup>	(4)	12/31/2013			A		3,657		(1)(2)(3)	(1)(2)(3)	Common Stock	3,657	(4)	43,884	1	D	
Phantom Stock <sup>(1)(2)(3)</sup>	(4)	03/31/2014			A		3,657		(1)(2)(3)	(1)(2)(3)	Common Stock	3,657	(4)	47,541	ı	D	
Phantom Stock <sup>(1)(2)(3)</sup>	(4)	06/30/2014			A		3,657		(1)(2)(3)	(1)(2)(3)	Common Stock	3,657	(4)	51,198	3	D	
Phantom Stock <sup>(1)(2)(3)</sup>	(4)	09/30/2014			A		3,657		(1)(2)(3)	(1)(2)(3)	Common Stock	3,657	(4)	54,855	5	D	
Phantom Stock <sup>(1)(2)(3)</sup>	(4)	12/31/2014			A		3,657		(1)(2)(3)	(1)(2)(3)	Common Stock	3,657	(4)	58,512	2	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		Transaction of Code (Instr. Derivative		6. Date Exerc Expiration Da (Month/Day/)	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Phantom Stock <sup>(1)(2)(3)</sup>	(4)	03/31/2015		A		3,657		(1)(2)(3)	(1)(2)(3)	Common Stock	3,657	(4)	62,169	D	
Phantom Stock <sup>(1)(2)(3)</sup>	(4)	06/30/2015		A		3,657		(1)(2)(3)	(1)(2)(3)	Common Stock	3,657	(4)	65,826	D	
Phantom Stock <sup>(1)(2)(3)</sup>	(4)	09/30/2015		A		3,657		(1)(2)(3)	(1)(2)(3)	Common Stock	3,657	(4)	69,483	D	
Phantom Stock <sup>(1)(2)(3)</sup>	(4)	12/31/2015		A		3,657		(1)(2)(3)	(1)(2)(3)	Common Stock	3,642	(4)	73,125	D	

## **Explanation of Responses:**

- 1. The reporting person was granted an aggregate of 73,125 shares of phantom stock under ARMOUR Residential REIT, Inc.'s 2009 Stock Incentive Compensation Plan pursuant to a vesting schedule described below. 3,657 shares of the reporting person's phantom stock vested on March 31, 2011 with an additional 3,657 shares of phantom stock vesting on the last day of each fiscal quarter until September 30, 2015. On December 31, 2015, 3,642 shares will vest, at which time all phantom stock will be vested.
- 2. Upon termination of the reporting person's service with ARMOUR Residential Management LLC ("ARRM"), ARMOUR's manager, or the termination of the Management Agreement between ARMOUR and ARRM, all phantom shares which have not vested prior to or concurrently with such termination will be forfeited by the reporting person; provided, however, that the phantom shares will vest if the termination is due to death, disability, termination without cause, or retirement after age 62. The phantom shares will automatically vest upon a change in control of ARMOUR. The reporting person will be entitled to an to an equal number of shares of ARMOUR common stock within 30 days of vesting.
- 3. The reporting person also has the right to elect to receive the amount of cash necessary to pay and income taxes instead of some of the shares of ARMOUR common stock. With respect to each phantom share, the reporting person will receive a cash payment in an amount equal to the cash dividend distributions paid in the ordinary course on a share of ARMOUR common stock.
- 4. Each unit of phantom stock is the economic equivalent of one share of ARMOUR common stock.

## Remarks:

/s/ Jeffrey J. Zimmer 04/04/2011

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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