FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHA	NGES IN BENEFICIAL	OWNERSHIP

OMB Number:	3235-0287
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OMB APPROVAL

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWN

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Zimmer Jeffrey J						2. Issuer Name and Ticker or Trading Symbol Armour Residential REIT, Inc. [ARR]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
															Offic						
(Last) (First) (Middle)						3. Date of Earliest Transaction (Month/Day/Year)								┪			Officer (give title below)		Other (specify below)		
3001 OCEAN DRIVE						04/13/2011								Co-CEO and President							
SUITE #201																					
					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable						
(Street)														٦٢	X Form filed by One Reporting Person						
VERO B	EACH F	L 3	32963												Form filed by More than One Reporting						
(0)																Pers				9	
(City)	(5	itate) (Zip)																		
		Tabl	e I - Nor	n-Deriv	ative	Sec	curitie	s Acc	quired,	Dis	posed o	f, o	r Bene	efici	ally (Owne	ed				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)						Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)				4 and Secur Benef Owne		cially I Following	6. Own Form: I (D) or I (I) (Inst	Direct ndirect	7. Nature of Indirect Beneficial Ownership				
						Code	v	Amount		(A) or (D)	Price	e	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)				
Common Stock, par value \$0.001 per share 04/13.									M ⁽¹⁾		2,337	7	A		53,537		I)			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	rivative Conversion Date Execution Date, curity or Exercise (Month/Day/Year) if any					Transaction Code (Instr.		of E		i. Date Exercisable and Expiration Date Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)			ice of vative irity r. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	m: ect (D) ndirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Code		Code	v	(A)		Date Exercisal		Expiration Date	Title	or Nun of	ount nber res	r								

Explanation of Responses:

1. On April 13, 2011, the reporting person elected to redeem 2,337 shares of vested phantom stock previously granted under ARMOUR Residential REIT, Inc.'s 2009 Stock Incentive Compensation Plan into 2,337 shares of ARMOUR's common stock. The 2,337 shares were issued on April 13, 2011.

Remarks:

/s/ Jeffrey J. Zimmer

** Signature of Reporting Person Date

04/18/2011

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.