FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

## •

OMB APPROVAL									
OMB Number:	3235-028								
	and and								

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Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*  LINAM COOTTE						2. Issuer Name and Ticker or Trading Symbol Armour Residential REIT, Inc. [ ARR ]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
<u>ULM SCOTT</u>						rumour residential rest, me. [ Arr.]									X	Direc	ctor	10%	Owner		
-																X	Offic	er (give title	Othe	r (specify	
(Last) (First) (Middle)							3. Date of Earliest Transaction (Month/Day/Year)									Λ	belov	N)	belov	v)`	
6800 BROKEN SOUND PARKWAY					12/	12/03/2009									Co-CEO and CIO						
SUITE 200																					
3011E 2	00																				
						-   4. It	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line)					
(Street)	AFFORT			2.40												X	Forn	n filed by One	e Reporting Pe	son	
BOCA R	ATON	FL	3	3487														,	re than One Re		
						-											Pers		re man one ive	porting	
(City)		(Sta	te) (2	Zip)																	
			Tabl	e I - Nor	ı-Deri\	/ative	Se	curiti	es Aco	quired	, Dis	posed o	of, o	r Ben	efici	ally (	Owne	ed			
1. Title of S	ecurity (I	nstr.	3)		2. Trans	saction	ction 2A. Deemed				3. 4. Securities Acquired (A)						5. Amo	ount of	6. Ownership	7. Nature	
	, ,		,		Date (Month/	lDay/Ve:		Execution Date, if any			Transaction Dispose Code (Instr. 5)		d Of (D) (Instr. 3, 4			4 and Secui Bene			Form: Direct (D) or Indirect	of Indirect Beneficial	
					(111011111	Dayric	(Month/Da										Owned Following		(I) (Instr. 4)	Ownership	
										0-4-	Code V Amo		(A) or _		Price		Reported Transaction(s)			(Instr. 4)	
											v	Amount	(D) Pr		Price			3 and 4)			
Common Stock 12/03/						3/2009	)					1,000	1,000 A		\$7.	.59	3,000		D		
			Ta	ble II - D	Derivat	tive S	ecı	ırities	Acau	ired. D	oispo	osed of,	or B	Benefi	ciall	v Ov	vned				
												onvertib				,					
Derivative	2. Conversi or Exerci	on	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any		4. Transaction Code (Instr		n of		6. Date Exercisable and Expiration Date			7. Title and Amount of Securities			8. Price of Derivative Security		9. Number of derivative	f 10. Ownership Form:	11. Nature of Indirect Beneficial	
Security (Instr. 3)	Price of	Se		(Month/Da	y/Year)	8)			Securities		(Month/Day/Year)			lerlying		(Instr. 5)		Securities Beneficially	Direct (D)	Ownership	
Derivative Security								Acquired (A) or		Derivative Security					str. 3		Owned Following		or Indirect (I) (Instr. 4)	(Instr. 4)	
								Disposed of (D) (Instr. 3, 4		a				J J			Reported				
																	Transaction (Instr. 4)	(s)			
							ànd	and 5)									,				
		l									Am	ount	1								
														or Nur	nber						
						Code	l.,	1,		Date		Expiration	Expiration of								
							V	(A)	(D)	Exercisa	abie	Date	Title	e   Sha	ıres	I			- 1		

**Explanation of Responses:** 

Remarks:

/s/ Scott J. Ulm

12/03/2009

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.