FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Hain Robert C						2. Issuer Name and Ticker or Trading Symbol Armour Residential REIT, Inc. [ARR]											olicable)		Person(s) to Issuer 10% Owner	
	001 OCEAN DRIVE					3. Date of Earliest Transaction (Month/Day/Year) 04/13/2011										Office below	er (give title w)		Other (specify below)	
(Street)	SUITE #201 (Street) VERO BEACH FL 32963				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(8	State) (Zip)																	
		Tabl	e I - Nor	ı-Deriv	ative	Se	curitie	s Ac	quired,	Disp	posed o	f, or	Bene	eficia	ally	Owne	ed			
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					Day/Year) i		2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Transaction Dispose Code (Instr. 5)		ities Acquired (A d Of (D) (Instr. 3,			4 and S		ount of ties cially I Following ted	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount	(1)	A) or O)	or Price		Transa	ction(s) 3 and 4)			(111541. 4)
Common Stock, par value \$0.001 per share 04/13				3/2011				M ⁽¹⁾		188	A		(1	(1)		188	D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security (Month/Day/Year) 3A. Deemed Execution Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year)				Date,	4. Transaction Code (Instr. 8)				6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)				vative urity r. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(: (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisat	Date Exercisable Date		Title of Share		res						

Explanation of Responses:

1. On April 13, 2011, the reporting person elected to redeem 188 shares of vested phantom stock previously granted under ARMOUR Residential REIT, Inc.'s 2009 Stock Incentive Compensation Plan into 188 shares of ARMOUR's common stock. The 188 shares were issued on April 13, 2011.

Remarks:

/s/ Robert C. Hain 04/18/2011

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.